



BIO

Gro Heining is a self-taught Norwegian painter (b. 1949). Since 1982 she has had 60 exhibitions in Norway, USA, Spain and Italy. Oslo Painting School (1985), Olav Mosebakk Drawing and Painting School (1996) and painting workshops in Santa Fe, New Mexico, USA (1991)

From 1987 Gro lived several years in the picturesque landscape of Santa Fe, New Mexico - participating in experimental painting workshops and 10 exhibits. From 2014 to 2022, she has been sharing her time between a mountain village in Andalusia, Spain and her home in Norway. She works with various techniques: acrylic, collage, water based oil, oil pastel, water color and mixed media, both on paper and canvas. Editioned Giclée prints are available of her artwork.

Artist Statement

Drawing and painting have always been a way of expressing myself. Nature is my primary source of inspiration. Painting for me is a meditative state of being, where I connect to the elements and the rhythm of nature, weaving dreams and visions into my artwork. My idea of the intention of doing art is to communicate that all things are connected with one another and to the universe. The interconnectedness of all things in nature represents a deep unity within myself. I also consider myself as a teacher using the language of colors as a metaphor of hope for the future. I like to think of my paintings as gifts from the spiritual realm revealed after journey to the land of introspection. Welcome to traces of my vision.

Awards and books

2021

American Writers Review, A literary journal: Art in the time of Covid-19.

Art Universal - the great encyclopedia of international art.

Collector's Vision International Art Award.

International Prize Dante Alighieri.

1st Art Palermo International Biennial.

Power of Creativity Art Prize.

Art Olympic Prize.

2022

International Prize Leonardo da Vinci.

International Prize CARAVAGGIO.

International Art Award Voices of Tomorrow.

Anthology V, 2022, Guto Ajayu Culture.

Power of Creativity Art Book, Contemporary Art Curator.

2023

1st International Prize Donatello

The Faces of Peace Art Book, Contemporary Art Curator

Art for Peace, International Cultural Management